

Free CPE Resources:

Provider Name	Titled Link	Expiration Date	CDR Activity #
Abbott Nutrition Health Institute (ANHI)	Acute Kidney Injury in the NICU Patient	3/1/2027	181705
	Benefits of Breastfeeding	8/17/2026	177210
	Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad	6/22/2026	177211
	Eat, Sleep, Console	11/6/2026	177217
	Human Milk Oligosaccharides in the Preterm Infant: Impact on the Developing Immune System	4/15/2027	182583
	Implementing Individualized Infant Feedings: All About the Cues & More	6/22/2026	177226
	Neonatal Fundamentals: Discharge and Follow-Up	7/12/2026	177155
	Neonatal Fundamentals: Enteral Nutrition	6/20/2026	177154
	Neonatal Fundamentals: Infant Nutrition Assessment	6/20/2026	177156
	Neonatal Fundamentals: Parenteral Nutrition	7/12/2026	177178
	Neonatal Opioid Withdrawal Syndrome	12/22/2026	177798
	Neonatal Short Bowel Syndrome	4/2/2027	182169
	Nutrition Assessment of the Preterm Infant	8/17/2026	178162
	Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate	4/8/2027	182433
	Strategies for the Development of Safe Oral Feeding Among Preterm Infants	3/21/2027	182171
	The Emerging Role of the Gut Microbiome in Health and Immunity	4/10/2027	182514
	The Puzzle of the Infant Brain: Association of Nutrients with Cognitive Development	4/15/2027	182498
	What's New in the Science of HMOs: New Research and Future Directions	3/14/2027	181983
	Advances in Propionic Acidemia	3/8/2027	181817
	Detecting Pediatric Malnutrition: Tools for Screening & Criteria for Diagnosing	6/15/2026	176782

	Energy Expenditure in Fatty Acid Oxidation Disorders	3/8/2027	181815
	Ethical Issues in Pediatric Care	6/7/2026	177004
	Identification and Diagnosis of Pediatric Malnutrition	8/1/2026	176781
	Hot Topics in Pediatric Nutrition	2/15/2027	182962
	Measures to Identify Pediatric Malnutrition: Intro to Mid-upper Arm Circumference and Z-scores	5/23/2026	176785
	Nutrition During Childhood Cancer Treatment: Current Understanding and a Path for Future Research	2/27/2027	181178
	Nutrition for the Neurologically Impaired Child	6/15/2026	176791
	Nutrition Interventions in Sick Pediatric Patients	6/6/2026	176862
	Nutritional Management of Pompe Disease	3/13/2027	181866
	Pediatric Intestinal Failure	3/25/2027	182265
	Pediatric Nutrition Focused Physical Exam	7/5/2026	176784
	Practical Strategies for Achieving Growth Potential In Children	8/18/2026	178214
	The Importance of Anthropometric Data in Infant and Pediatric Populations	7/26/2026	176789
	Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition	4/22/2027	182776
	Utilization of NHANES Data to Assess Pediatric Undernutrition	7/10/2026	176863
	Using Biochemical Laboratory Results to Inform Dietary Management	1/31/2027	181176
	Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity	12/13/2026	180402
	Addressing Gastrointestinal Tolerance in the ICU Setting	1/11/2027	180663
	Addressing Weight Stigma in Healthcare Settings	12/13/2026	180394
	Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU	7/28/2026	177955
	Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change	12/7/2026	178232
	Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients	2/13/2027	181465

	Carbohydrate Quality: What Do I Tell My Patients?	4/12/2027	182569
	Choosing Wisely: Enteral Feeding Tube Selection, Placement and Considerations	4/24/2027	183113
	Enteral Tube Feeding 101	1/4/2027	180699
	Enteral Tube Feeding: Gastrointestinal Complications	2/1/2027	180701
	Enteral Tube Feeding: Surgical and Metabolic Complications	3/18/2027	181149
	Good Tubes Gone Bad: Management and Prevention of Common Tube Site Complications	4/26/2027	183308
	Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	1/19/2027	177008
	Malnutrition Screening in Patients with Obesity in the Hospital Setting	12/4/2026	178233
	Nutrition and Wounds: Implementing an Evidence-Based Plan of Care	4/12/2027	182542
	Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes	4/10/2027	182477
	Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss	12/22/2026	176161
	Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation and Functional Status	12/22/2026	176215
	Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population	12/5/2026	178234
	Practical Applications: Providing Culturally Relevant, Person-Centered Diabetes Care	4/24/2027	183006
	Practical Management of Home Tube Feeding	4/26/2027	183326
	Successful Transition of Tube Feeding: From Hospital to Home	4/26/2027	183323
	Transforming Healthcare Delivery: Leveraging the Global Malnutrition Composite Score for Quality Improvement, Health Equity, and Patient Outcomes	3/20/2027	181405
	Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective (Part 1)	12/20/2025	173709
	Traumatic Brain Injury: Emerging Research, Clinical Consequences, and	11/8/2025	173340

	Nutrition Recommendations from a Multidisciplinary Perspective (Part 2)		
	When it Matters Most: Muscle and Nutrition in Critical Care	2/8/2027	181085
	Wound Module 1: A Closer Look: Understanding Chronic Wounds	2/9/2027	181152
	Wound Module 2: Pressure Injuries and the Management of Chronic Wounds	3/18/2027	181942
	Wound Module 3: Making the Connection: Chronic Wounds and Nutrition	4/23/2027	181180
	Cultivating a Healthy Work Culture by Addressing Bullying and Incivility	2/7/2027	183367
	Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New	1/9/2027	177797
	Spotlight on the Gut-Brain Axis	8/8/2026	177802
	Understanding the Impact of HMOs: A Closer Look at the Evidence and Supporting Research	2/16/2027	182888
	Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)	11/9/2025	173377
	Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)	12/5/2025	173381
	Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	12/22/2026	180334
	Enteral Nutrition Tolerance and Gut Health	9/22/2025	172464
	Enteral Nutrition: Transitions of Care from Hospital to Home	10/17/2025	172965
	Measuring Body Composition and Optimal Nutrition Support in the ICU Setting	1/2/2027	180660
	Is there a Role for Nutrition in the Management of Maternal Mood Disorders?	5/16/2027	183701
	Optimal Nutrition Therapy During and Post-ICU	10/17/2025	172968
	Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 1)	5/9/2027	183583
	Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 2)	5/10/2027	183585
	Putting Evidence into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting	1/30/2027	181144

	Special Considerations: Implementing ERAS in Patients with Diabetes	4/29/2027	183346
	The Role of Nutrition in Pressure Injury Management in Patients with Diabetes	3/3/2027	182964
	Update on the ASPEN 2022 Critical Care Guidelines	9/22/2025	172496
	Safeguarding Preparation and Delivery of Infant Feedings in the NICU	4/17/2027	182791
	Marijuana Use During Pregnancy and Breastfeeding: Weeding Through the Evidence	5/17/2027	183679
	Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes	4/17/2027	182754
	Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery	4/17/2027	182759
	The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery	4/17/2027	182760
	Identifying Considerations Across the Continuum of Care: Best Practices for a Multidisciplinary Team Approach	4/17/2027	182766
	Making Early Enteral Nutrition Happen	5/30/2027	183605
	The Importance of Early Enteral Nutrition for Critically Ill Patients	5/14/2027	183604
	An Allergy Modulating Human Milk Oligosaccharide – 2'-Fucosyllactose	7/6/2026	177420
	Optimizing Human Milk in the NICU and at Discharge	5/22/2027	183647
	Motivational Interviewing: Application in Working with Patients and Families	1/16/2027	177221
	Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations	4/10/2027	181146
	New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	1/2/2027	180336
	Implementing Early Feeding Practices in Critical Care	5/13/2027	183609
	Improving the Quality of Nutrition Care for Critically Ill Patients	5/31/2027	183611
	Allergies, Immunology, and Human Milk: Exploring Maternal and Infant Factors	4/16/2027	182647
	Programming the Infant Microbiome: Impacting Immune Health Later in Life	5/17/2027	183239

	Suspected Inborn Errors of Metabolism in the Newborn	9/4/2027	185062
	Adolescent Nutrition and Growth	6/13/2027	183705
	Beyond Anthropometrics: Evolving Science of Biomarkers for Assessing Growth	6/13/2027	184172
	Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child	9/4/2027	185072
	Childhood Obesity: A Weighty Problem!	8/16/2027	184903
	Combating Malnutrition in Pediatric Clinical Practice	7/11/2027	184434
	Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis	8/29/2027	185059
	Metabolic Flexibility and the Role of Carbohydrates, Protein, and Fat Balance on Pediatric Obesity	6/25/2027	184282
	The Impact of Pediatric Undernutrition on Gastrointestinal Function	9/4/2027	185127
	The Protein : Energy Ratio in Support of Catch-Up Growth	6/27/2027	184269
	The Role of Food & Nutrition in Inflammatory Bowel Disease	7/23/2027	184553
	Urea Cycle Disorders: Navigating Nutritional Management and Nitrogen Scavengers	5/31/2027	182779
	Decoding the New Nutrition Facts Label: Carbohydrates	5/17/2026	175970
	Decoding the New Nutrition Facts Label: Fat	5/17/2026	175987
	Decoding the New Nutrition Facts Label: Overview	5/17/2026	175967
	Decoding the New Nutrition Facts Label: Protein	5/17/2026	175979
	Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 1)	9/19/2027	185350
	Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 2)	6/7/2027	183854
	Gastrointestinal Dysfunction in Critical Illness	5/31/2027	183774
	How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	9/9/2027	185070

	Interactions of Nutrition, Gastrointestinal Microbiome, and Health	5/30/2027	183552
	Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	8/29/2027	184990
	Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Intervention and Person-Centered Care	8/19/2027	184783
	The Benefits of Personalized Nutrition and Lifestyle Approaches in Obesity Management: Exploring the Role of Muscle Health	5/31/2027	182839
	The Holistic Support of Patients Post Metabolic and Bariatric Surgery in Primary Care: Nutrition, Muscle Health and Beyond	5/28/2027	182746
	Unlocking the Value of Muscle and Nutrition for Improved Health Outcomes	7/25/2027	184637
	What's New in Oncology? Addressing Muscle Health and Nutrition	6/28/2027	184280
	Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge	7/30/2027	184748
	How to Navigate Difficult Conversations with Difficult People: Strategies for Healthcare Professionals	6/25/2027	184309
	How to Shift From a Negative to a Positive Work Environment	8/6/2027	184451
	Opioid Use Disorders in Pregnancy	6/11/2027	183991
	Trauma-Informed Care and Suicidality	6/13/2027	183992
	When Our Thoughts Betray Use: Anxiety in the Perinatal Experience of Moms and Dads	7/23/2027	184601
	NICU Currents: Ethical Issues in Neonatal Care	11/6/2026	179611
	NICU Currents: GER and GERD in Preterm Infants: A Narrative Review of Diagnosis, Nutrition Evaluation and Management	7/24/2027	184540
	Pediatric Currents: Screening for Malnutrition Risk in Pediatrics	8/17/2026	178163
	Pediatric Currents: Quenching the Thirst: Overcoming Challenges and Developing Effective Approaches for Encouraging Hydration	4/30/2027	183290
	Nutrition and Health Currents: Identification, Diagnosis and Treatment of	4/16/2027	182617

	Malnutrition in Adult Hospitalized Patients: An Ethical Perspective		
Alissa Rumsey	How to Improve Your Client Retention	01/30/2026	174764
	From Concept to Client: 5 Steps to Start Your Nutrition Private Practice	08/20/2027	184982
	Insurance Credentialing 101 Workshop	01/17/2028	186627
All Dietitians	**FREE COURSE** Building Trust in a Distracted World - Client Rapport and Behavior Change in 15 Minutes or Less	04/18/2028	188177
Becky Dorner & Associates, Inc.	Ethics Isn't Optional: Understanding and Applying the Academy of Nutrition and Dietetics Code of Ethics, 2nd Edition (1.0 ETHICS CPEU)	10/24/2025	173095
	Long Term Care Regulatory Updates: What you need to know to pass survey (1.0 ETHICS CPEU)	1/19/2026	174138
	Kindness is Contagious: Redefining Your Dining Experience	10/20/2025	172235
	Evidence-Based Nutrition for Wound Healing and Malnutrition Part 1: Nutrition Approaches for Wound Care	01/21/2028	186640
	Enhancing Revenue for RDNs Demonstrates Value for Expanded Scope of Practice and Increases Access to Care Webinar	03/13/2027	180979
	Sharpen Your Edge: Integrating NFPE & Lab Assessment	04/13/2026	175164
	Artificial Nutrition Support for Adults through the Continuum of Care Part I- Enteral Nutrition	10/08/2027	185600
	Artificial Nutrition Support for Adults through the Continuum of Care Part II- Parenteral Nutrition	10/08/2027	185602
Commission on Dietetic Registration	2024 Scope and Standards of Practice Learning Module	12/5/2026	180435
Dietitian Connection	https://dietitianconnection.com/product-category/webinars/free-webinars/	Contact Provider directly for activity expiration dates	
Dr. Schar USA, Inc. *Users will be required to create a free account in	The Latest Updates + Research on the Low FODMAP Diet	11/10/2025	173593

order to view free CPEUs			
	Helping Them “Go” Without Harm: Managing Common GI Diagnoses In Clients With Eating Disorders	8/4/2025	171881
NutriScape	Copywriting Skills for the Internet	11/21/2025	173724
	Telenutrition: Starting Your Business	12/26/2025	174389
	Creating A Web Presence With Wordpress and Elementor	12/31/2025	174211
	NutriScape.NET: A Crowdsourcing Web Platform for Dietitians	10/19/2025	173708
Orgain	Orgain Live & Recorded CPEU Activities	*Please view expiration dates as stated on Provider website	
PepsiCo	Link to PepsiCo Activities Listed Below		
	Personalized Nutrition and Applications for Practice	1/31/2026	174116
	Exploring Traditional and Emerging Functional Ingredients	11/30/2025	173473
	Savvy Snacking: Tips & Trends to Optimize Nutrition	9/14/2025	171890
Commission on Dietetic Registration	Using the 2024 Scope and Standards of Practice to Expand Opportunities Commission on Dietetic Registration (pathlms.com)	12/5/2026	180435
	Malnutrition and Health Equity: Key Measures of Quality Care for Nutrition and Dietetics Practitioners	12/19/2026	180050
	November 2023: Quarterly Spotlight on Malnutrition: Advancing Quality and Strengthening Interdisciplinary Collaboration (Part I)	11/14/2026	180119
	February 2024: Value of Nutrition and Dietetics Credentialed Practitioners in Optimizing Quality Outcomes from the Interdisciplinary Team Perspective	2/28/2027	181939

	May 2024: Quarterly Spotlight on Quality: Measuring Nutrition Practice Outcomes by Demonstrating Value in the Real World	5/30/2027	183881
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